

Service Project Suggestions

(All services are rendered gratis - free of charge)

- A. Assist the elderly or disabled (includes neighbors as well or visits to a hospital or extended care center)
- Visit them; talking and listening
 - Write letters for them
 - Go grocery shopping for them
 - Help clean their houses: take out garbage etc.
 - Mow their lawn
 - **Shovel snow**
 - Ask them to do a craft together
 - Ask them to teach you something that they liked to do when they were your age

These are things that you can take initiative on – just call them up and offer your help! Especially when it snows! Take advantage of these opportunities. It is also fun if you pair up with a friend to earn hours together!

- B. Work as a teacher's aide at school – assist with cleaning, decorating etc.
C. Tutor younger children; *patiently* help them with homework.
D. Volunteer as a candy striper in a hospital
E. Volunteer at a food pantry or soup kitchen after school and/or on weekends
F. Join a walk-a-thon to help children with disabilities (<https://www.arcnj.org/>)
G. Keep an eye out for opportunities to help at Saint Cecilia (there will not be enough opportunities to cover all your hours; you need to start them on your own)

***Do not forget to get your service logs signed – by the person you are assisting or the adult in charge of the service. ***

Breakdown of Service Hour Requirement

High School Year 1: 25 hours

High School Year 2: 50 hours

Total of 75 hours by the time of Confirmation

For any questions please reach out to your catechist or Leo Aliaga, Director of the Faith Formation.